

silverspoon[®]
**ME
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Daily Special

MAY

Week 1 - 4 | 8

Monday

Main Dish
Chicken tikka masala

Pasta or Lent Dish
Pasta arrabbiata

Tuesday

Main Dish
Oriental beef with rice

Pasta or Lent Dish
Vegetable stew

Wednesday

Main Dish
Lemon chicken
with mashed potato

Pasta or Lent Dish
Pasta with white sauce

Thursday

Main Dish
Spinach and meat with rice

Pasta or Lent Dish
Fassolya moutabale

Friday

Main Dish
Shrimp curry

Pasta or Lent Dish
Pasta rose

Week 2 - 11 | 15

Monday

Main Dish
Chicken stroganoff

Pasta or Lent Dish
Pasta arrabbiatbiata

Tuesday

Main Dish
Laban emmo

Pasta or Lent Dish
Yakhnet batata

Wednesday

Main Dish
Chicken escalope with
mashed potato

Pasta or Lent Dish
Pasta with white sauce

Thursday

Main Dish
Soufflet with cabbage salad

Pasta or Lent Dish
Rishtha bi adas

Friday

Main Dish
Asian shrimp
with rice

Pasta or Lent Dish
Pasta rose

Week 3 - 18 | 22

Monday

Main Dish
Kebbeh bel sayniye

Pasta or Lent Dish
Pasta arrabbiata

Tuesday

Main Dish
Oriental chicken with rice

Pasta or Lent Dish
Bazella with rice

Wednesday

Main Dish
Chicken curry

Pasta or Lent Dish
Pasta with white sauce

Thursday

Main Dish
Beef stroganoff with rice

Pasta or Lent Dish
Borghoul bi banadoura

Friday

Main Dish
Shrimp tajen
with potato wedges

Pasta or Lent Dish
Pasta rose

Week 4 - 25 | 29

Monday

Main Dish
Chicken supreme

Pasta or Lent Dish
Pasta arrabbiata

Tuesday

Main Dish
Daoud basha

Pasta or Lent Dish
Moudardara

Wednesday

Main Dish
Chicken moghrabieh

Pasta or Lent Dish
Pasta with white sauce

Thursday

Main Dish
Bazella with meat

Pasta or Lent Dish
Yakhnet fasoulia

Friday

Main Dish
Cashew shrimp with rice

Pasta or Lent Dish
Pasta rose