

01 TUESDAY

Chicken Teriyaki Fried Rice

Lent Dish Or Pasta
Fattet Hummos

02 WEDNESDAY

Kebbeh Bel Sayniyeh With

Lent Dish Or Pasta
Pasta Rose

03 THURSDAY

Creamy Garlic Chicken With
Rice & Veggies

Lent Dish Or Pasta
Moujadara Msaffayeh

04 FRIDAY

Asian Shrimp Noodles

Lent Dish Or Pasta
Pesto Pasta

07 MONDAY

Kafta Bi Tahini With Roasted
Potatoes & Veggies

Lent Dish Or Pasta
Pasta Arrabbiata

08 TUESDAY

Chicken Curry

Lent Dish Or Pasta
Moussaka Eggplant

09 WEDNESDAY

Meatballs In Gravy Sauce &
Mashed Potato

Lent Dish Or Pasta
Loubiye With Rice

10 THURSDAY

Chicken Kebab With Fried
Orzo & Tomato Sauce

Lent Dish Or Pasta
Pasta Rose

11 FRIDAY

Fish Casserole With Vegetables

Lent Dish Or Pasta
Fasouliya Moutabale

14 MONDAY

Chicken Mloukhiyeh

Lent Dish Or Pasta
Pasta White

15 TUESDAY

Beef Stroganoff With Mashed
Potato

Lent Dish Or Pasta
Moudardara

16 WEDNESDAY

Greek Style Taouk Platter

Lent Dish Or Pasta
Yakhent Batata

17 THURSDAY

Kafta Skewers With Grilled
Veggies

Lent Dish Or Pasta
Pasta Alfredo

18 FRIDAY

Shrimp Cashew With Rice

Lent Dish Or Pasta
Bemyeh With Rice

21 MONDAY

Spinach With Meat

Lent Dish Or Pasta
Pasta Rose

22 TUESDAY

Poulet Chasseur With Mashed
Potato

Lent Dish Or Pasta
Fasoliya With Rice

23 WEDNESDAY

Kebbeh B Laban

Lent Dish Or Pasta
Balilla With Vegetables

24 THURSDAY

Coconut Lime Chicken With
Rice

Lent Dish Or Pasta
Bourghoul Bi Banadoura

25 FRIDAY

Fish Siyadiyeh

Lent Dish Or Pasta
Pasta Four Cheese

28 MONDAY

Beef Oriental With Laban

Lent Dish Or Pasta
Pasta Arrabbiata

29 TUESDAY

Creamy Mushroom Chicken

Lent Dish Or Pasta
Rishta Bi Adas

30 WEDNESDAY

Meatballs With Yogurt Mix &
Vermicelli Rice

Lent Dish Or Pasta
Pesto Pasta